



Volunteer Form

David Braley Athletic Centre at
 McMaster University
 1280 Main Street West, Hamilton
 Saturday, June 18, 2016
www.macmile.ca

McMaster Children's Hospital Foundation and McMaster Marauders Athletics & Recreation are joining together for the first time ever to bring you the **Mac Mile**. A one mile race through the McMaster University campus site on Saturday, June 18th to raise funds to purchase life saving equipment and services for McMaster Children's Hospital and the Scholarship Fund for McMaster Marauders Athletics & Recreation.

Please fill out this form if you would like to volunteer for **Mac Mile** and email the completed form to Nicole at groseln@mcmaster.ca. Thank you for your support of this very special event.

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|-----------------|--|----------------------|--|
| First Name: | | Last Name: | |
| Address: | | City: | |
| Province: | | Postal Code: | |
| Phone (Home): | | Phone (Work): | |
| E-mail Address: | | School/Organization: | |

Please let us know your t-shirt size (**S, M, L, XL or XXL**): _____

Please identify a minimum of **THREE** areas you are interested in.

| Volunteer Position | Volunteers Required | Time | Description | ✓ |
|-----------------------------------|---------------------|-------------------------|---|---|
| Set-Up Crew | 10 | 7:00 a.m. to 9:00 a.m. | <ul style="list-style-type: none"> Registration and route set up Heavy lifting may be required | |
| Registration | 10 | 8:00 a.m. to 1:00 p.m. | <ul style="list-style-type: none"> Help register all participants for Mac Mile Distribute volunteer t-shirts Handling cash is required | |
| Parking | 10 | 8:30 a.m. to 1:00 p.m. | <ul style="list-style-type: none"> Control and direct traffic to appropriate parking spots | |
| Route Marshals | 20 | 9:30 a.m. to 12:00 p.m. | <ul style="list-style-type: none"> Assist participants along their route and make sure everyone is enjoying themselves | |
| Water Station Attendants | 6 | 9:30 a.m. to 12:00 p.m. | <ul style="list-style-type: none"> Distribute water and snacks to participants Must be trained in first aid | |
| Entertainment Attendants | 15 | 10:30 a.m. to 2:00 p.m. | <ul style="list-style-type: none"> Assist with line control Supervise activities and equipment | |
| Recycling and Grounds Crew | 5 | 10:00 a.m. to 1:00 p.m. | <ul style="list-style-type: none"> Help to maintain a safe route and clean grounds | |
| Tear Down Crew | 10 | 12:00 p.m. to 2:00 p.m. | <ul style="list-style-type: none"> Clean up of route/water stations/registration Heavy lifting may be required | |
| Family Support Crew | 10 | 8:30 a.m. to 1:00 p.m. | <ul style="list-style-type: none"> Assist families with young children throughout the day | |
| Any Area Needed | - | 8:30 a.m. to 2:00 p.m. | <ul style="list-style-type: none"> Please indicate if you are willing to help with any volunteer position listed above | |