

Event Name: Strides for the General
Overall Finish Gun Elapsed

Division: 5K

Finishers: 195 of 231

Rank	Bib	Name	Gun Elapsed	Chip Elapsed	Gen	Age
1	189	JEFFREY TWEEDLE	00:15:50	00:15:49	M	99
2	12	JOHN BAUER	00:16:40	00:16:40	M	99
3	113	AMANDA MCLEOD	00:17:33	00:17:33	F	99
4	126	COLIN OCZKOWSKI	00:19:15	00:19:15	M	99
5	109	RAY MARIUZ	00:19:23	00:19:14	M	99
6	219	PHIL MANCINI	00:20:38	00:20:29	M	99
7	72	EDMOND HO	00:20:48	00:20:41	M	99
8	184	FREDERICK SULOWSKI	00:20:52	00:20:51	M	99
9	141	KAITLYN PANSEGRAU	00:21:06	00:21:00	F	99
10	157	ROBERT PRINGLE	00:21:20	00:21:11	M	99
11	310	JEFF BAKER	00:21:37	00:21:37	M	99
12	45	WARREN DE SA	00:21:51	00:21:44	M	99
13	180	WESLEY STEPHEN	00:21:53	00:21:33	M	99
14	150	STEPHEN PATTON	00:21:53	00:21:48	M	99
15	81	MATTHEW JESSOME	00:22:17	00:22:07	M	99
16	143	HAYLEY PARENT	00:22:30	00:22:20	F	99
17	5	JAANUS ANJA	00:22:34	00:22:16	M	99
18	226	CURTIS WHITLOCK	00:22:35	00:22:20	M	99
19	209	JORDAN DEL CONTE	00:22:50	00:22:40	M	99
20	182	SAM STRANKS	00:23:02	00:22:28	M	99
21	108	MICHAEL MANS	00:23:22	00:23:10	M	99
22	3	OSOBA AIRE	00:23:37	00:23:35	M	99
23	225	RICHARD WHITLOCK	00:24:04	00:23:43	M	99
24	158	VICTORIA PRINGLE	00:24:10	00:23:51	F	99
25	166	CASSANDRA RUSSELL	00:24:16	00:24:06	F	99
26	11	DEVON BATE	00:24:16	00:24:05	M	99
27	199	ROB JEANVEAU	00:24:39	00:24:37	M	99
28	128	SUSAN O'LEARY	00:24:42	00:24:14	F	99
29	151	FRANZ PEREZ	00:24:50	00:24:45	M	99
30	206	ALEX WOJTKOWSKI	00:24:54	00:24:53	M	99
31	55	RYAN DUBE	00:24:54	00:24:30	M	99
32	39	JEFF COVEYDUCK	00:24:55	00:24:37	M	99
33	154	IAN PRESCOTT	00:25:00	00:24:34	M	99
34	120	FLOR MUNIZ	00:25:04	00:24:54	F	99
35	203	NADINE BENNETT	00:25:08	00:24:55	F	99
36	169	LAURA SHEEHAN	00:25:12	00:25:04	F	99
37	46	COREY DECOU	00:25:12	00:24:54	M	99
38	40	COREY COWICK	00:25:12	00:24:54	M	99
39	78	BRANDON JAEKEL	00:25:13	00:24:55	M	99
40	94	MONTE LAMKA	00:25:13	00:25:09	M	99
41	149	TORI PATTERSON	00:25:14	00:25:11	F	99
42	49	SIERRA DEPASS	00:25:18	00:25:11	F	99
43	47	ADAM DEMEESTER	00:25:25	00:25:17	M	99
44	96	CHRIS LAWTON	00:25:32	00:25:25	M	99
45	145	NICOLE PARENT	00:25:51	00:25:47	F	99
46	125	ANASTASIA NEWMAN	00:25:54	00:25:27	F	99
47	93	MEGAN LAMKA	00:26:00	00:25:56	F	99
48	171	GREG SIDDLES	00:26:08	00:26:02	M	99
49	193	MICHAEL VINCENT	00:26:22	00:26:06	M	99
50	205	DEXTER GEDDES	00:26:23	00:26:06	M	99
51	28	LAUREN BYRNE	00:26:27	00:26:23	F	99

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52	2	JANET AIRE	00:26:38	00:26:36	F	99
53	112	LINDSEY MCGOWAN	00:26:39	00:26:29	F	99
54	4	LEO ALCALA	00:26:42	00:26:38	M	99
55	100	DARIUSZ LIPINSKI	00:26:57	00:26:44	M	99
56	119	FRANCA MOSSUTO	00:26:58	00:26:47	F	99
57	114	GREGORY MCNEISH	00:27:00	00:26:49	M	99
58	227	ANNIKA WHITLOCK	00:27:02	00:26:42	F	99
59	183	CHRISTOPHER SULOWSKI	00:27:05	00:27:00	M	99
60	179	BILL STEINBURG	00:27:06	00:26:50	M	99
61	71	ALICE GRAHAM	00:27:16	00:26:55	F	99
62	159	HEATHER QUINN	00:27:20	00:26:48	F	99
63	19	CURTIS BIEHLER	00:27:24	00:27:10	M	99
64	191	TOMAS VANHELDER	00:27:34	00:27:05	M	99
65	76	RYAN IBAY	00:27:39	00:27:04	M	99
66	170	CAROL SIDDLES	00:27:57	00:27:51	F	99
67	215	MICHELLE HAZZARD	00:28:02	00:28:00	F	99
68	61	MARCEL FAULKNER	00:28:04	00:27:02	M	99
69	64	NATALIE FRIXIONE	00:28:05	00:28:03	F	99
70	165	CHANTELE ROY	00:28:09	00:27:44	F	99
71	26	SUSAN BOWEN	00:28:13	00:28:10	F	99
72	201	KAITLIN MCLELLAND	00:28:14	00:28:11	F	99
73	104	MARK LOWRIE	00:28:15	00:27:46	M	99
74	202	LAUREN MCLELLAND	00:28:27	00:28:19	F	99
75	74	ISABELLA HOLLAND	00:28:27	00:28:23	F	99
76	144	JOE PARENT	00:28:29	00:28:18	M	99
77	17	JORDAN BELLO	00:28:32	00:28:27	F	99
78	185	MATTHEW SUTTON	00:28:34	00:28:25	M	99
79	44	JULIUS DAQUIOAG	00:28:40	00:28:20	M	99
80	129	ISABEL OLIVEIRA	00:28:41	00:28:35	F	99
81	222	AILEEN JANG	00:28:43	00:28:23	F	99
82	34	SAMUEL CHEVALIER	00:28:44	00:28:23	M	99
83	68	ANA GONZALEZ	00:28:47	00:28:21	F	99
84	63	LISA FLUET	00:28:48	00:28:25	F	99
85	58	PAUL EDWARDS	00:28:48	00:28:25	M	99
86	51	LAN DINH	00:28:50	00:28:47	F	99
87	52	SUE DISABATINO	00:28:50	00:28:37	F	99
88	85	MEREDITH KENNEDY-	00:29:03	00:28:30	F	99
89	197	SHELLEY WICKENHEISER	00:29:04	00:28:46	F	99
90	204	JEN GEDDES	00:29:05	00:28:49	F	99
91	194	SHERILYN VINCENT	00:29:05	00:28:50	F	99
92	35	JANA COCHRANE	00:29:18	00:28:41	F	99
93	20	CAMERON BISHOP	00:29:25	00:29:03	M	99
94	230	ALEX ROMAN	00:29:28	00:29:06	M	99
95	73	BRIAN HOLLAND	00:29:34	00:29:18	M	99
96	228	MARGARET LOWRIE	00:29:38	00:29:05	F	99
97	131	KEIRA OLLSON	00:29:43	00:29:29	F	99
98	130	CHRISTOPHER OLLSON	00:29:43	00:29:30	M	99
99	25	MEREDYTH BOWCOTT	00:29:44	00:29:07	F	99
100	103	SAMANTHA LIPINSKI	00:29:59	00:29:45	F	99
101	214	GAVIN GORDON	00:30:07	00:29:52	M	99
102	106	LOUISE MACRAE	00:30:20	00:30:09	F	99

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103	177	TERESA SMITH	00:30:20	00:30:09	F	99
104	140	DEVI PANDYA	00:30:43	00:30:30	F	99
105	208	MONICA CORBO	00:30:44	00:30:35	F	99
106	148	PRINA PATEL	00:30:46	00:30:34	F	99
107	10	LUKE BARKER	00:30:47	00:30:28	M	99
108	67	JEFF GAYLORD	00:30:58	00:30:28	M	99
109	22	MARSELLA BISHOP	00:30:58	00:30:29	F	99
110	110	LYALL MARTIN	00:31:11	00:31:01	M	99
111	50	GABRIELLA DI SILVESTRE	00:31:15	00:31:02	F	99
112	21	ELIZABETH BISHOP	00:31:20	00:31:14	F	99
113	97	DALLAS LEBERT	00:31:22	00:30:59	M	99
114	99	MITCH LEBERT	00:31:25	00:31:02	M	99
115	132	OLIVIA OLMSTEAD	00:31:29	00:31:23	F	99
116	178	ABBY STARR	00:31:29	00:31:22	F	99
117	188	JILLIAN TILTON	00:31:29	00:31:23	F	99
118	48	LEAH DEMEESTER	00:31:33	00:31:24	F	99
119	138	KAREN PAGLIARO	00:31:33	00:31:06	F	99
120	42	ELISABETH DAMIANI	00:31:34	00:31:29	F	99
121	6	DANIEL ARMSTRONG	00:31:43	00:31:20	M	99
122	162	DENISE RIGGS	00:31:57	00:31:30	F	99
123	43	ROBERT DAMIANI	00:32:02	00:31:49	M	99
124	69	JOSHUA GORDON	00:32:04	00:31:41	M	99
125	98	MARCIE LEBERT	00:32:05	00:31:41	F	99
126	59	NANCY ELLIOTT	00:32:09	00:31:43	F	99
127	186	CAITLIN THOMPSON	00:32:11	00:32:05	F	99
128	217	SAVANNAH RICHARDSON	00:32:12	00:31:49	F	99
129	211	MEREDITH BOURNE	00:32:35	00:32:20	F	99
130	218	JUDY VANES	00:32:38	00:32:37	F	99
131	115	SINISA MEDIC	00:32:44	00:32:31	M	99
132	124	LAURA NEAL	00:32:47	00:32:21	F	99
133	192	DEAN VARLEY	00:32:50	00:32:33	M	99
134	84	BILL KENNEDY	00:32:55	00:32:24	M	99
135	123	KELLY NEAL	00:33:00	00:32:51	F	99
136	66	DANIEL GAROFALO	00:33:06	00:32:47	M	99
137	200	KEN HUNTER	00:33:43	00:33:35	M	99
138	92	SHANA LAMERS	00:33:44	00:33:19	F	99
139	181	CANDACE STRANKS	00:33:44	00:33:10	F	99
140	56	MATTHIEU DUSSUD	00:33:51	00:33:25	M	99
141	152	JOSEPH PERUMPILLICHIRA	00:33:53	00:33:42	M	99
142	121	CAROLINE NAYLOR	00:33:58	00:33:38	F	99
143	65	ANGE GAROFALO	00:34:06	00:33:44	F	99
144	196	GREG WALLACE	00:34:08	00:34:07	M	99
145	32	CHRIS CHAN	00:34:08	00:33:42	M	99
146	18	ERIC BERNAR	00:34:12	00:33:42	M	99
147	137	FRANK PAGLIARO	00:34:12	00:33:43	M	99
148	91	BARBRA KUBILIUS	00:34:13	00:34:12	F	99
149	95	SARAH LAWSON	00:34:24	00:34:03	F	99
150	13	MEGAN BEDINI	00:34:29	00:34:01	F	99
151	146	CHRISTOPHER PARKER	00:34:31	00:34:28	M	99
152	127	WIESLAW OCZKOWSKI	00:34:39	00:34:37	M	99
153	229	LORI KENNEDY	00:34:41	00:34:10	F	99

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154	210	KYM BRETTELL	00:34:44	00:34:16	F	99
155	156	AMANDA PRINCIPATO	00:34:51	00:34:38	F	99
156	33	KRISTA CHAN	00:35:02	00:34:35	F	99
157	164	GREG ROUSELL	00:35:12	00:34:41	M	99
158	161	EMILY RICHARD	00:35:13	00:35:11	F	99
159	30	JESSICA CAMPBELL	00:35:23	00:34:48	F	99
160	116	ERIN MILLEN	00:35:52	00:35:46	F	99
161	224	ANDREW WALLACE	00:36:09	00:36:04	M	99
162	9	ROBER ARSENAULT	00:36:19	00:35:57	M	99
163	212	SAMANTHA RYAN	00:36:33	00:36:26	F	99
164	60	CAROLINE ELLSWORTH-	00:36:33	00:36:28	F	99
165	213	JILL CURRIE-BARTLET	00:36:45	00:36:39	F	99
166	220	TINA C	00:36:46	00:36:13	F	99
167	117	KATHERINE MILLER	00:36:50	00:36:29	F	99
168	101	EMILY LIPINSKI	00:36:57	00:36:50	F	99
169	57	SOPHIE DUSSUD	00:37:00	00:36:35	F	99
170	163	LAURA RIITTINEN	00:37:05	00:36:54	F	99
171	89	MARK KRANJC	00:37:05	00:36:54	M	99
172	102	EUNICE LIPINSKI	00:37:19	00:37:11	F	99
173	198	SADIA YOUSUF	00:37:26	00:36:57	F	99
174	16	BRIER BELLO	00:37:27	00:37:22	F	99
175	187	BOBBI-JO TILTON	00:37:27	00:37:19	F	99
176	147	RYAN PARKER	00:37:35	00:37:35	M	99
177	122	KAREN NEAL	00:37:40	00:37:30	F	99
178	79	RONALD JAMES	00:38:04	00:37:43	M	99
179	80	WENDY JAMES	00:38:05	00:37:44	F	99
180	53	LISA DOUBLE	00:38:05	00:37:37	F	99
181	23	ANNA BISHOP-GAYLORD	00:38:11	00:37:41	F	99
182	75	ANDREA IBAY	00:38:21	00:37:44	F	99
183	207	TERRY GORDON	00:38:38	00:38:14	M	99
184	31	KATRINA CARR-BRAINT	00:39:41	00:39:16	F	99
185	1	REBECCA AALBERS	00:40:19	00:39:47	F	99
186	70	LINDA GOULD	00:42:18	00:41:46	F	99
187	83	CHRIS KAINE	00:42:40	00:42:09	F	99
188	29	PAULINE CALDER	00:44:09	00:43:57	F	99
189	223	MICHELL TORIO	00:44:29	00:43:57	F	99
190	173	SHANNYN SIMOES	00:45:02	00:44:38	F	99
191	172	ANDY SIMOES	00:45:02	00:44:39	M	99
192	136	KATIA PACELLI	00:45:54	00:45:24	F	99
193	221	GEEHO NG	00:46:18	00:46:16	M	99
194	88	MARY LOUISE KOZAK	00:46:28	00:45:54	F	99
195	111	JOYCELYN MATIRA	00:46:36	00:46:33	F	99