



1. What can you do at *MacKids Walk & Wheel*?

There is so much to do at *MacKids Walk & Wheel*. Kids can participate in the Tikes on Trikes ride (ages 5 & under who haven't mastered two wheels) or the Wonders on Wheels rides (ages 6-10). Following the bike ride there is the Family Trailblazers Walk and then *Miraclefest*. *Miraclefest* includes lunch, face painting, bounce houses, fun and games plus the beloved Teddy Bear Hospital sponsored by Marz Homes.

2. Why do adults have to pay a \$25 registration/admission fee?

The adult \$25 registration/admission fee is to help cover the cost of the event. Remember, children are FREE and everything onsite, including all activities, lunch and beverages, is completely free.

Every registration includes a t-shirt and medal.

We do ask that everyone (adults and children) register early so that we can accurately prepare for the event and order the correct number of shirts, medals and lunches!

3. Are all activities onsite really free?

Yes! Once you have registered you can participate in all activities for FREE. This includes lunch, snacks and drinks generously supplied by Maple Lodge Farms and Tim Hortons.

4. Do adults participate in the rides (Tikes on Trikes & Wonders on Wheels)?

Parents must accompany their child(ren) on the Tikes on Trikes ride and the Wonders on Wheels ride. Parents may choose to walk, jog or bike with their child(ren). Please note that everyone, including adults, MUST wear helmets if they are riding.

5. Do I have to register in advance?

We appreciate if participants can register online in advance. This gives you access to your participant centre where you can solicit donations and add other members to your team. You can also register the morning of *MacKids Walk & Wheel*.

6. I've registered, but how do I use my participant centre?

Once registered you will have a personal page within the *MacKids Walk & Wheel* participant centre. We encourage you to share your story - why supporting McMaster Children's Hospital Foundation is important to you. Through your participant centre you can email friends and family to request donations. You can also keep track of all online and offline donations.

7. Will donors receive a tax receipt?

Donations of \$10 will be issued a tax receipt.

8. Do you have suggestions on how I can maximize my fundraising efforts?

Reach out to family and friends, share your story on social media and ask for support. You could also hold a car wash, bake sale, or other event to fundraise toward your goal.

9. I have received cash donations, where can I hand them in?

Donations can be brought to *MacKids Walk & Wheel* or can be submitted in advance at the Hamilton Health Sciences Foundation office located at 1 King Street West, Suite 702, Hamilton, ON L8P 1A4. If you wish to be eligible for event prizes, please note the deadline for the fundraising contest on our [prizing page](#).

10. Is there a minimum to fundraise in order to participate?

No, there is no minimum to fundraise.

11. How does my fundraising and participation impact McMaster Children's Hospital, including Ron Joyce Children's Health Centre

We are focused on raising funds in support of McMaster Children's Hospital, including Ron Joyce Children's Health Centre and their programs. The Foundation provides funding for leading-edge equipment and patient amenities, innovative research initiatives, redevelopment of patient care spaces, and the education and training of health care providers.

12. Can I bring my dog?

Yes. Dogs that are socialized and comfortable in large crowds are permitted to attend. Dogs must be kept on leash. Owners are responsible for cleaning up after their pet.

13. What should I wear/bring?

We recommend you wear comfortable clothing and appropriate shoes for biking or walking. Many participants will wear their *MacKids Walk & Wheel* t-shirt that they receive when they check in.

14. Where is Bayfront Park and where do I park? Do I need to pay for parking?

Bayfront Park is located at 200 Harbour Front Drive in Hamilton. Parking is free and onsite.