Strides FOR THE GENERAL 2019

Registration and Pledge Form

Online registration: www.hamiltonhealth.ca/strides

Participant Name:_____ Team Name: _____

Address: _____ City:_____ Postal Code: _____

E-mail: _____ Phone: _____

Shirt Size: ❑ XS ❑ S ❑ M ❑ L ❑ XL ❑ XXL || ❑ Male ❑ Female

Are you: ❑ Current / former Hamilton General Hospital / Regional Rehabilitation Centre patient
❑ HHS employee ❑ Community Member ❑ Supporter of current/former patient

Registration Type

**Children 12 and under can participate free of charge in the walk but must register to receive a shirt.*

Youth (under 18) 5K Walk	Adult 5K Walk	All ages - 5K Run
❑ $20 - Until July 31	❑ $25 - Until July 31	❑ $30 - Until July 31
❑ $25 - Until August 31	❑ $30 - Until August 31	❑ $35 - Until August 31
❑ $30 - September	❑ $35 - September	❑ $35 - September

Hamilton General Hospital Foundation

Charitable Reg# 131159543 RR0001

Pledges Collected

Sponsor Name (Print clearly)	Sponsor Address	Postal Code	Sponsor E-mail	Amount**

Total Submitted $

Please make cheques payable to *Hamilton Health Sciences Foundation.*
** Only donations of $10 or more will be issued a tax receipt. Information must be legible to be receipted.
All funds must be received and pledges verified online by 4 p.m. on Thursday, September 12, 2019 to qualify for *Strides for the General* fundraising prizes and draws. Privacy Note: Hamilton Health Sciences Foundation respects your privacy and is committed to protecting your personal information. We do not share, rent, trade or sell any of the personal information we collect. The information we collect is used to keep you informed of Foundation activities. If, at any time, you wish to be removed from our list or to obtain a copy of our Information Privacy Policy, please contact us at (905) 522-3863 or via email at info@hamiltonhealth.ca

Signature: _____

By signing, I acknowledge that I have read and agree to the event waiver posted online at www.hamiltonhealth.ca/strides and available onsite at *Strides For The General.*