



MacKids Walk & Wheel
FAQs – Updated March 2021

1. How do I participate in the 2021 virtual *MacKids Walk & Wheel*?
 - a. For 2021 we are inviting participants to choose their own adventure and commit to a challenge to complete anytime from June 4 -13. Below are some suggested adventures, but we also encourage you to create your own! Some ideas include:
 - Walking 7 km – The distance from McMaster Children's Hospital to Ron Joyce Children's Health Centre
 - Go for a 45-minute bike ride – The average time of a child's MRI scan
 - Commit to walking four to six times over 10 days – On average, a child wears a cast for four to six weeks to treat a broken bone
 - Choose an adventure with a personal connection: hours mom was in labour, number of clinical appointments, child's jersey number – the sky's the limit!
2. Can anyone participate?
 - a. Yes, this fundraiser is open to all members of the community. There are participants of all ages who attend *MacKids Walk & Wheel* and many groups, families and teams who commit to ride or walk and support McMaster Children's Hospital Foundation.
3. How do I register?
 - a. Register online [here](#). Registration is free for all ages!
4. Should I register as a group/team or as an individual?
 - a. The majority of our participants register as a group or team. Your team can be your family, your colleagues, a professional organization, sports team or any group who wants to participate!
 - b. You will be able to give your team a unique name. Donors have the option to donate to your team as a whole or to an individual team member. You'll be able to personalize a team page and will also be able to view your collective fundraising efforts, as well as individual fundraising success.
 - c. Team members do not need to select the same adventure to complete.
 - d. If you are fundraising by yourself, please register as an individual.

5. How do I register my family or group?
 - a. Select the group/team registration option. The first person to register becomes the team captain and provides the team name. You can register multiple people to the team at the same time (this is a great function when adding family members). Please note all individuals registered at this time must pay the associated registration fees that will be totaled when you finish the registration process.
6. What does it mean if I am the team captain?
 - a. The team captain receives the administrative access to update the team's participant centre page with a story and photo. We also hope the team captain will help to motivate their team to solicit donations or initiate fundraising activities.
7. Do I need to register all team members at the same time?
 - a. No, anyone can register for your team online while registration is still open. Click the "Join Your Group's Team" button on the homepage to register for a team that has already been created.
8. I've registered, but how do I use my participant centre?
 - a. Once registered you will have a personal page within the *MacKids Walk & Wheel* participant centre. We encourage you to share your story - why supporting McMaster Children's Hospital Foundation is important to you. Through your participant centre you can email friends and family to request donations. You can also keep track of all online and offline donations.
9. Will donors receive a tax receipt?
 - a. Donations of \$10 or more will be issued a tax receipt.
10. Do you have suggestions on how I can maximize my fundraising efforts?
 - a. Reach out to family and friends, share you story on social media and ask for support. You could also hold a car wash, bake sale or other event to fundraise toward your goal.
11. Who should cheque donations be made out to?
 - a. Cheques can be made out to Hamilton Health Sciences Foundation.
12. Is there a minimum to fundraise in order to participate?
 - a. No, there is no minimum to fundraise.
13. How does my fundraising and participation impact McMaster Children's Hospital, including Ron Joyce Children's Health Centre?
 - a. We are focused on raising funds in support of McMaster Children's Hospital, including Ron Joyce Children's Health Centre and their programs. The Foundation provides funding for leading-edge equipment and patient amenities, innovative research initiatives, redevelopment of patient care spaces, and the education and training of health care providers.

14. What is the virtual Teddy Bear Hospital?
- We appreciate that the Teddy Bear Hospital is a much loved part of our in-person event. In an effort to provide children with a modified experience, we have developed a virtual Teddy Bear Hospital.
15. What is included in the virtual Teddy Bear Hospital activity kit?
- It includes 1 Teddy Bear and 4 Hospital Station Kits including wound care, check-up, security, and casting with all of the items to complete the station activities. Pick up date and location will be sent closer to the event date. All activities should be completed under the supervision of a responsible adult.
16. How many kits are available and how do I get them?
- Please register each child that requires a Teddy Bear Hospital Activity Kit. PLEASE One kit per child as there are limited quantities available
 - Kits are designed for children age 3+
 - Closer to the event date, we will email those who have registered for a Kit and provide them with date/time and location where the kits can be picked-up. We are sorry but we are not able to mail kits.

Important to note re Teddy Bear Hospital:

The Teddy Bear Hospital Activity Kit is offered at no charge and is designed to provide children with the opportunity for simulated medical play. As such, the activities should be completed under the supervision of a responsible adult. ***By picking up the kits, you hereby release Hamilton Health Sciences, Hamilton Health Sciences Foundation and McMaster Children's Hospital from any responsibility or liability associated with the kits and/or their contents.***