





# MacKids Walk & Wheel FAQs

#### 1. How do I participate in the 2023 MacKids Walk & Wheel?

Kids can participate in the *Tikes on Trikes* ride (ages 5 & under who haven't mastered two wheels) or the *Wonders on Wheels* rides (ages 6-10). Following the bike ride there is the Family *Trailblazers Walk* and then *Miraclefest*. *Miraclefest* consists of fun games and activities, bounce houses and other inflatables, plus the beloved Teddy Bear Hospital.

#### 2. Can anyone participate?

Yes, this fundraiser is open to all members of the community. There are participants of all ages who attend *MacKids Walk & Wheel* and many groups, families and teams who commit to ride or walk and support McMaster Children's Hospital Foundation.

#### 3. How do I register?

Register online by visiting mackids.ca/walkandwheel. Registration is free for children and youth 17 and under. Registration is \$25 for adults and youth 18 or older. Everything onsite, including all activities, lunch and beverages, is completely free. Every registration includes a t-shirt and medal unless otherwise requested. We do ask that everyone (adults and children) register early so that we can accurately prepare for the event and order the correct number of shirts, medals and lunch! After April 30<sup>th</sup>, t-shirts are subject to availability and are not guaranteed.

# 4. Do I have to register in advance?

We appreciate participants who can register online in advance. This gives you access to your participant centre where you can solicit donations and add other members to your team. You can also register the morning of *MacKids Walk & Wheel*.

#### 5. Should I register as a group/team or as an individual?

The majority of our participants register as a group or team. Your team can be your family, your colleagues, a professional organization, sports team or any group who wants to participate! You will be able to give your team a unique name. Donors have the option to donate to your team as a whole or to an individual team member. You'll be able to personalize a team page and will also be able to view your collective fundraising efforts, as well as individual fundraising success. Team members do not need to select the same activities to complete. If you are fundraising by yourself, please register as an individual.





# 6. How do I register my family or group?

Select the group/team registration option. The first person to register becomes the team captain and provides the team name. You can register multiple people to the team at the same time (this is a great function when adding family members). Please note all individuals registered at this time must pay the associated registration fees that will be totaled when you finish the registration process.

## 7. What does it mean if I am the team captain?

The team captain receives the administrative access to update the team's participant centre page with a story and photo. We also hope the team captain will help to motivate their team to solicit donations or initiate fundraising activities.

## 8. Do I need to register all team members at the same time?

No, anyone can register for your team online while registration is still open. Click the "Join Your Group's Team" button on the homepage to register for a team that has already been created.

# 9. I've registered, but how do I use my participant centre?

Once registered you will have a personal page within the *MacKids Walk & Wheel* participant centre. We encourage you to share your story - why supporting McMaster Children's Hospital Foundation is important to you. Through your participant centre you can email friends and family to request donations. You can also keep track of all online and offline donations.

#### 10. Will donors receive a tax receipt?

Donations of \$10 or more will be issued a tax receipt.

#### 11. Do you have suggestions on how I can maximize my fundraising efforts?

Reach out to family and friends, share you story on social media and ask for support. You could also hold a car wash, bake sale or other event to fundraise toward your goal. Feel free to reach out to us for more ideas or if you have any questions about fundraising. Contact Vanessa Macedo, Development Coordinator at <a href="macedo@hhsc.ca">macedo@hhsc.ca</a> or 905-521-2100 x 76871.

#### 12. Who should cheque donations be made out to?

Cheques can be made out to Hamilton Health Sciences Foundation.

## 13. Is there a minimum to fundraise in order to participate?

No, there is no minimum to fundraise. All fundraising is very much encouraged and appreciated.

## 14. How does my fundraising and participation impact McMaster Children's Hospital,





#### including Ron Joyce Children's Health Centre?

We are focused on raising funds in support of McMaster Children's Hospital, including Ron Joyce Children's Health Centre and their programs. The Foundation provides funding for life-saving equipment and patient amenities, innovative research initiatives, redevelopment of patient care spaces, and the education and training of health care providers.

#### 14. Do adults participate in the rides (Tikes on Trikes & Wonders on Wheels)?

Parents must accompany their child(ren) on the Tikes on Trikes ride and the Wonders on Wheels ride. Parents may choose to walk, jog or bike with their child(ren). Please note that everyone, including adults MUST wear helmets if they are riding.

#### 15. I have received cash donations, where can I hand them in?

Donations can be brought to *MacKids Walk & Wheel* or can be submitted in advance at The Foundation office located at 1 King Street West, Suite 702, Hamilton, ON L8P 1A4.

# 16. Can I bring my dog?

Yes. Dogs that are socialized and comfortable in large crowds are permitted to attend. Dogs must be kept on leash. Owners are responsible for cleaning up after their pet.

## 17. Where is Bayfront Park and where do I park? Do I need to pay for parking?

Bayfront Park is located at 200 Harbour Front Drive in Hamilton. Parking is free.